



THE ANTIOCHIAN ORTHODOX ARCHDIOCESE OF AUSTRALIA, NEW ZEALAND AND THE PHILIPPINES

THE PASCHAL KANONION (SHABAKA) FOR THE YEAR 2022

HOLY PASCHA	WESTERN EASTER	YEAR
24 April	17 April	2022

GREAT LENT

THE APOSTLES' FAST

THE BEGINNING OF HOLY LENT	THE BEGINNING HOLY APOSTLES' FAST
Monday 7 March	Monday 20 June until Tuesday 28 June

THE HOLY MAJOR FEASTS OF OUR LORD

NAME OF FEAST	DATE
The Circumcision of The Lord	1 st January
Holy Theophany	6 th January
The Presentation of The Lord Into The Temple	2 nd February
Palm Sunday	17 th April
The Ascension of Our Lord	2 nd June
Pentecost Sunday	12 th June
The Transfiguration of Our Lord	6 th August
The Elevation of The Precious and Lifegiving Cross	14 th September
The Nativity of Our Lord	25 th December

THE HOLY MAJOR FEASTS OF THE THEOTOKOS

NAME OF FEAST	DATE
The Annunciation to The Theotokos	25 th March
The Dormition of The Theotokos	15 th August
The Nativity of The Theotokos	8 th September
The Presentation of The Theotokos Into The Temple	21 November

FEAST DAYS OF VARIOUS ANTIOCHIAN SAINTS

Venerable Ephraim The Syrian	January 28
The Holy Unmercenary Healers Cyrus & John	January 31
The Holy Unmercenary Healer & Martyr Ilian	February 6
Saint Meletius Patriarch of Antioch The Head of The 2 nd Ecumenical Council	February 12
Hieromartyr Dorotheos Bishop of Tyre	June 5
The Foremost in The Apostles Peter & Paul Founders of The Antiochian See	June 29
St Andrew of Damascus / Bishop of Crete	July 4
Hieromartyr Pancratius Who is From Antioch	July 9
Hieromartyr Joseph of Damascus	July 10
Venerable Simeon The Fool For Christ & John (Who are from Raha & Emesa)	July 21
Saint Simeon The Stylite of Antioch	September 1
Hieromartyr Babylas / Patriarch of Antioch	September 4
Saint Thekla The Protomartyr & Equal to The Apostles	September 24
Ananias The Apostle & Bishop of Damascus Saint Romanos The Melodist of Emesa	October 1
Hieromartyr Cyprian of Antioch The Holy Virgin Martyr Justina of Damascus	October 2
Venerable Pelagia The Penitent	October 8
Hieromartyr Lucien The Teacher of Antioch	October 15
Saint Luke The Evangelist	October 18
Saint Averkios The Wonderworker & Equal to The Apostles Bishop of Hierapolis (Manbij)	October 22
Saint Arethas The Martyr (Al Hareth) & His Companions (From Najran)	October 24
Saint Stephen The Melodist (From Damascus)	October 28
Venerable Abramios (From Edessa) & His Righteous Niece Maria	October 29
Saint Serapion The 9 th Patriarch of Antioch	October 30
Saints Cosmas and Damien	November 1
Saints Galaktion & His Wife Episteme / The Martyrs of Emesa Saint Dominus of Emesa	November 5
Saint John Chrysostom / Patriarch of Constantinople	November 13
Saint Barlaam of Antioch	November 19
Venerable Peter The Hesychast of Antioch	November 25
The Holy & Great Martyr James The Persian (The Sawn-Asunder)	November 27
Venerable Saint John of Damascus & Saint Barbara	December 4
Hieromartyr Ignatius The God-Bearer of Antioch	December 20
Venerable Marcellus of Apania (Abbot of the monastery of the "Unsleeping Ones")	December 29

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M O N T H	D A Y	EPISTLE	GOSPEL	T O N E	E O T H I N O N	KONTAKION	KATAVASIAS
J A N	2	Sunday Before Theophany ¹		3	6	Forefeast of Theophany	1 st Theophany
	9	Sunday After Theophany		4	7	Theophany	2 nd Theophany
	16	29 th Sun After Pentecost	12 th of Luke	5	8	Presentation of the Lord	Presentation of the Lord
	23	31 st Sun after Pentecost	14 th of Luke	6	9	Presentation of the Lord	Presentation of the Lord
	30	The Three Hierarchs	15 th of Luke	7	10	Presentation of the Lord	Presentation of the Lord
F E B	6	17 th after Pentecost	17 th of Matthew	8	11	Presentation of the Lord	Presentation of the Lord
	13	The Pharisee & publican		1	1	Triodion	Triodion
	20	The Prodigal Son		2	2	Triodion	Triodion
	27	Meat Fare Sunday (Judgement Sunday)		3	3	Triodion	Triodion
M A R	6	Cheese Fare Sunday (Forgiveness Sunday)		4	4	Triodion	Triodion
	13	1 st Sunday of Lent (Sunday of Orthodoxy)		5	5	‘O Champion General’	Triodion
	20	2 nd Sunday of Lent (Saint Gregory Palamas)		6	6	‘O Champion General’	‘I shall open my mouth’
	27	3 rd Sunday of Lent (Veneration of The Cross)		7	7	‘O Champion General’	Triodion
A P R	3	4 th Sunday of Lent (Saint John Climacus)		8	8	‘O Champion General’	‘I shall open my mouth’
	10	5 th Sunday of Lent (Saint Mary of Egypt)		1	9	‘O Protector of Christians’	‘I shall open my mouth’
	17	Palm Sunday		For The Feast	For The Feast	Palm Sunday	Palm Sunday
	24	Holy Pascha		For The Feast	For The Feast	Holy Pascha	Holy Pascha
M A Y	1	Thomas Sunday		For The Feast	1	Holy Pascha	Holy Pascha
	8	St John The Evangelist	Myrrh Bearing Women	2	4	Holy Pascha	Holy Pascha
	15	Sunday of The Paralytic		3	5	Holy Pascha	Holy Pascha
	22	Sunday of The Smartian Woman		4	7	Holy Pascha	Holy Pascha
	29	Sunday of The Blind Man		5	8	Holy Pascha	Holy Pascha
J U N E	5	Holy Fathers of The 1 st Ecumenical Council		6	10	Ascension	2 nd Pentecost
	12	Holy Pentecost		For The Feast	For The Feast	Pentecost	Pentecost (Dual)
	19	1 st Sun after Pentecost All Saints Sunday	1 st Sun of Matthew All Saints Sunday	8	1	All Saints	‘I shall open my mouth’
	26	2 nd Sun after Pentecost	2 nd Sunday of Matthew	1	2	‘O Protector of Christians’	‘I shall open my mouth’

¹ The Epistle Readings for the middle of the week, starting from Sunday January the 2nd, are those of the 29th week after Pentecost. The Gospel Readings for the middle of the week, starting from Sunday January the 2nd and until February the 12th, are those starting from the 11th week of Matthew.

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M O N T H	D A Y	EPISTLE	GOSPEL	T O N E	E O T H I N O N	KONTAKION	KATAVASIAS
J U L Y	8	3 rd Sun after Pentecost	3 rd Sunday of Matthew	2	3	'O Protector of Christians'	'I shall open my mouth'
	10	St Joseph of Damascus	4 th Sunday of Matthew	3	4	'O Protector of Christians'	'I shall open my mouth'
	17	The Holy Fathers of The 4 th Ecumenical Council		4	5	'O Protector of Christians'	'I shall open my mouth'
	24	6 th Sun after Pentecost	6 th Sunday of Matthew	5	6	'O Protector of Christians'	'I shall open my mouth'
	31	7 th Sun after Pentecost	7 th Sunday of Matthew	6	7	Transfiguration	Transfiguration
A U G	7	8 th Sun after Pentecost	8 th Sunday of Matthew	7	8	Transfiguration	Cross
	14	9 th Sun after Pentecost	9 th Sunday of Matthew	8	9	Forefeast of The Dormition	Dormition
	21	10 th Sun after Pentecost	10 th Sunday of Matthew	1	10	Dormition	Dormition
	28	11 th Sun after Pentecost	11 th Sunday of Matthew	2	11	Nativity of The Theotokos	Cross
S E P	4	12 th Sun after Pentecost	12 th Sunday of Matthew	3	1	Nativity of The Theotokos	Cross
	11	Sunday before The Elevation of The Cross		4	2	Cross	Cross
	18	Sunday after The Elevation of The Cross		5	3	Cross	Cross
	25	15 th Sun after Pentecost	1 st Sunday of Luke	6	4	'O Protector of Christians'	'I shall open my mouth'
O C T	2	16 th Sun after Pentecost	2 nd Sunday of Luke	7	5	'O Protector of Christians'	'I shall open my mouth'
	9	17 th Sun after Pentecost	3 rd Sunday of Luke	8	6	'O Protector of Christians'	'I shall open my mouth'
	16	The Holy Fathers of The 7 th Ecumenical Council (4 th Sunday of Luke) ²		1	7	'O Protector of Christians'	'I shall open my mouth'
	23	James Brother of The Lord	6 th Sunday of Luke	2	8	'O Protector of Christians'	'I shall open my mouth'
	30	20 th Sun after Pentecost	5 th Sunday of Luke	3	9	'O Protector of Christians'	'I shall open my mouth'
N O V	6	21 st Sun after Pentecost	7 th Sunday of Luke	4	10	'O Protector of Christians'	'I shall open my mouth'
	13	Saint John Chrysostom	8 th Sunday of Luke	5	11	Presentation of The Theotokos	Presentation of The Theotokos
	20	23 rd Sun after Pentecost	9 th Sunday of Luke	6	1	Forefeast of The Presentation	Presentation of The Theotokos
	27	24 th Sun after Pentecost	13 th Sunday of Luke	7	2	Forefeast of The Nativity	Nativity
D E C	4	Sts Barbara & John Damascene	10 th Sunday of Luke	8	3	Forefeast of The Nativity	Nativity
	11	29 th Sun after Pentecost (Forefathers)	11 th Sunday of Luke (Forefathers)	1	4	Forefeast of The Nativity	Nativity
	18	Sunday Before The Nativity of Our Lord and Saviour Jesus Christ (Genealogy)		2	5	Forefeast of The Nativity	Nativity
	25	The Nativity of Our Lord and Saviour Jesus Christ		For The Feast	For The Feast	Nativity	Nativity (Dual)

² We continue to read the Gospels of the middle of the week after Sunday the 2nd of Luke until the Gospels of the middle of the week of Sunday the 12th of Luke.