



Volume 1 | Issue 9

August 30th, 2021

*Community support
and healing resources*

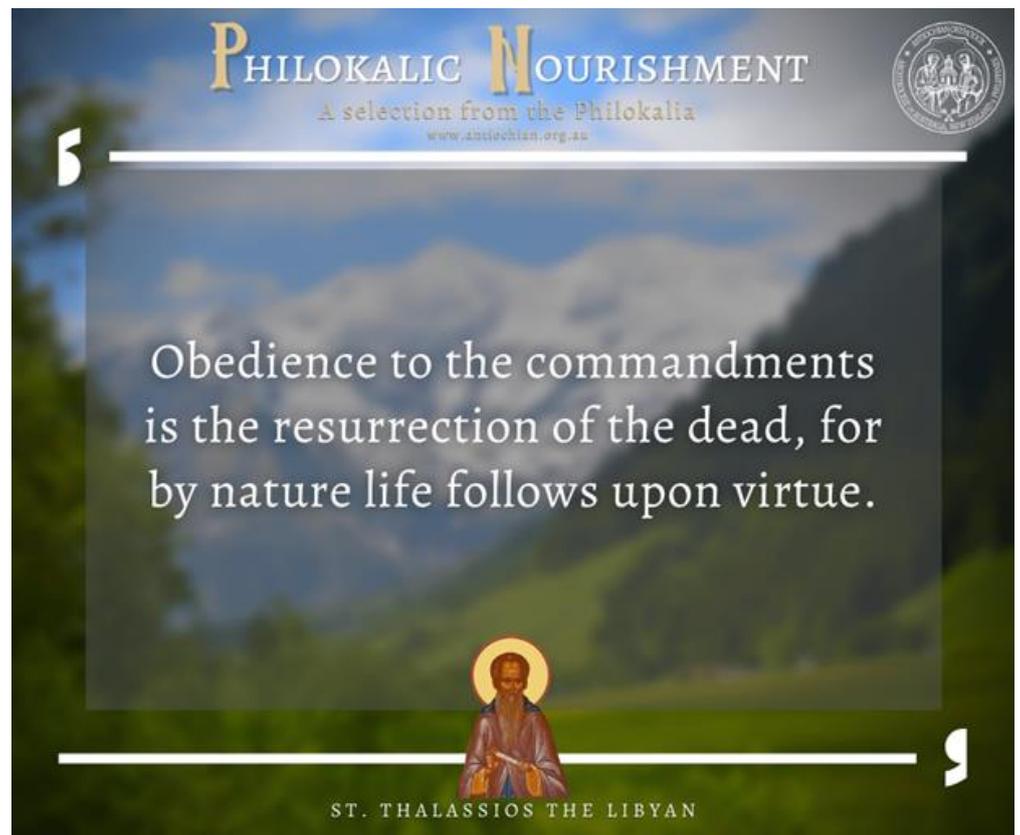
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Antiochian Welfare Association Newsletter

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Welcome to the latest edition of our Newsletter.



LATEST COVID-19 RULES AND RESTRICTIONS

Local Government Areas (LGAs) of concern in Greater Sydney:

Bayside, Blacktown, Burwood, Campbelltown, Canterbury-Bankstown, Cumberland, Fairfield, Georges River, Liverpool, Parramatta, Strathfield, and some suburbs of Penrith.

Additional rules

From **12.01am Monday, 23 August** the following additional rules will apply for residents and businesses in the LGAs of concern:

- Curfews will be introduced from 9pm to 5am (except for authorised workers, emergencies or medical care) to help reduce the movement of young people;
- Outdoor exercise is limited to one hour per day;
- The following retail premises must close except for click and collect: garden centres and plant nurseries, office supplies, hardware and building supplies, landscaping material supplies, rural supplies, and pet supplies (tradespeople are allowed to shop in-store where relevant); and
- All exams and other education or professional development related activities will move online, not including the HSC. The government announced the education plan on Friday the 27th of August. The latest advice for families can be found [here](#).

Workplaces and Authorised Workers

New restrictions around **workplaces** and **authorised workers** from the LGAs of concern will be introduced:

- Childcare workers and disability support workers who live or work in the LGAs of concern must have their first vaccination dose by **30 August**;
- Authorised workers who work outside their LGA of concern are only permitted to work if rapid antigen testing is implemented at their worksite **or** they have had their first vaccination dose by **30 August**.
- From **Saturday, 28 August**, authorised workers from the LGAs of concern are required to carry a [permit issued by Service NSW](#) declaring that they are an authorised worker and cannot work from home; and
- From **Saturday, 28 August**, anyone entering an LGA of concern for the purposes of work must carry a worker [permit issued by Service NSW](#).

As of 12.01am **Monday, 23 August**, workers from the Canterbury-Bankstown, Cumberland and Fairfield LGAs will no longer have to have been tested for COVID-19 in the previous 72 hours to work outside their LGA.

\$320 TEST AND ISOLATE SUPPORT PAYMENT

A COVID-19 Test and Isolate support payment of \$320 is available to support [eligible workers](#) who are required to self-isolate and unable to work while waiting for a COVID-19 test result.

Currently, to be eligible for this payment, workers must be older than 17 years and live in one of the LGAs of concern. This new payment is an addition to the range of [financial support packages](#) available for individuals and businesses.

\$1200 STUDENT GRANTS



School Student Assistance - Technology and Educational Supplies

Variety Children Charity - Learn Grant helps families living with financial hardship to purchase educational technology and supplies. The grant is open to families with children aged 4-18, attending school throughout NSW and the ACT. **We Learn comprises two grants: Educational Technology (up to \$1,200) and Educational Supplies (up to \$500).**

Educational Technology grant recipients can use the grant to pay for any of the following items from the exclusive online Harvey Norman/ Variety NSW Website: iPad, computer or laptop, protective case or computer accessories (keyboard, mouse, stylus pen etc). High school students can also purchase printers and educational software.

Educational Supplies grant recipients can use the grant to pay for school uniforms, stationery, school textbooks, school lunch boxes and drinks bottles, school excursions/ incursions and school camp. Items must be purchased from Big W, Lowes or the child's school.

Applications close: Friday, 3rd September 2021.

- [More information and application](#)
- Contact: kidssupport@variety NSW.org.au

FREE TAFE NSW COURSES

Whether you're currently in lockdown or in wider NSW and want to upskill, you can with a **fee-free online short course**.



TAFE NSW, in conjunction with the NSW Government, is offering a number of **fee-free short courses to all NSW residents**. Places are limited. Courses are a mix of self-paced online or teacher-led virtual classrooms, which can pathway into a variety of full TAFE NSW qualifications.

* Terms and Conditions:

- To be eligible, you need to be an Australian citizen, Australian permanent resident, Australian permanent humanitarian visa holder or New Zealand citizens
- You need to be 15 years or over, no longer at school, and living or working in NSW.
- You can only enrol in one fee-free* course at a time.
- If you are a TAFE NSW staff member or contractor, you cannot enrol in a fee-free* course.

Courses available

Statement of Attainment in:

- [Alcohol and Other Drug Work](#)
- [Construction Materials & Work Health and Safety](#)
- [Emotional Intelligence](#)
- [Intro to Community Services](#)
- [Intro to Real Estate](#)
- [Medical Administration](#)
- [Mental Health](#)
- [Producing Documents & Spreadsheets](#)
- [Reading and Writing for Adults](#)
- [Reading Plans for Builders](#)
- [Small Business](#)
- [Hospitality](#)
- [Customer Service](#)

REFUGEE/NEW-COMER JOB SUPPORT

Interested in becoming an Australia Post courier?

Thrive Refugee Enterprise is a non-for-profit organisation established to help refugees start and expand business enterprises by providing business loans. They are currently running a free weekly Information Session to help support you on your business journey!

Thrive have ongoing vacancies for refugees interested in owner-driver positions with Australia Post. No experience needed for a courier job!

For more information:

Gus Nehme - NSW State Manager
Ph: 0400 414 474
E: gnehme@tre.org.au



COURIER AND AUSTRALIAN POST INFORMATION SESSIONS

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- ▶ A weekly Information Session to help support you on your business journey!
- ▶ We have ongoing vacancies for refugees interested in owner-driver positions with Australia Post. No experience needed for a courier job!

DETAILS:

- ▶ JOIN online via Zoom on Wednesday at 11AM!
Zoom Meeting ID: 874 7595 1113
- ▶ Gus Nehme
NSW State Manager
0400 414 474
E: gnehme@tre.org.au



You can leave your home to get help for domestic and family violence or sexual assault.

If you need support call

1800RESPECT
1800 737 732

Chat online at www.1800respect.org.au

Free, confidential, 24/7 support.
Interpreters available.

Call Triple Zero (000) if you're
in immediate danger.



يمكنكم مغادرة المنزل للحصول على المساعدة بشأن العنف المنزلي والعائلي أو الاعتداء الجنسي.

إذا كنتم بحاجة للدعم، اتصلوا على الرقم

1800RESPECT
1800 737 732

قوموا بالدراسة عبر الإنترنت على www.1800respect.org.au

خدمة دعم مجانية وسرية 24/7. الترجمة الشفهية متوفرة.
إذا كنتم معرضين لخطر داهم، اتصلوا على الرقم ثلاثة أصفار (000).



24/7 HELP & SUPPORT

Free Counselling Services

Organisation Name	Contact Details	Purpose
Mental Health Line	1800 011 511	
Lifeline	131 114	Crisis support and suicide prevention.
Suicide Calack Service	1300 659 467	
Beyond Blue	1300 224 636	Support for mental health issues such as anxiety and depression.
Kids Helpline	1800 55 1800	Help and support.
MensLine Australia	1300 78 99 78	Support for men with concerns about mental health, anger management, family violence (using and experiencing), addiction, relationship, stress and wellbeing.
Gambling Help Online	1800 858 858, https://www.gamblinghelponline.org.au/	

FREE INTERNATIONAL NEWSPAPERS

There are online reading materials available in your language, through the [State Library](#). You can access international newspapers, magazines, books and more. See the flyer below for more details.

FREE ONLINE AUDIO BOOKS

Thanks to the NSW State Library, did you know that if you use your local/state library cards, you can access digital books and audio books from the comfort of your home? Get started with [PressReader](#) or [indyreads](#).



PressReader is an [online service](#) which allows anyone who lives in NSW to read in their own language at home.

Over 7,000 international newspapers and magazines from more than 100 countries in 60 languages are available with a State Library [library card](#).

Watch how to access and use PressReader [here](#).



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